

“Tails and Tales” On Your Own Activities

To earn credit for the weekly prize, take a picture of your completed activity and email it to Denise Lester at denise.lester@westwood.bccls.org Please make sure your name is on the document to receive proper credit and submit by 6:00 pm on Friday to qualify for the weekly prize.

Grades K-5

Make a Forest Friend

- Get an old adult sock (no holes)
- Set the sock up so it is easier to hold and fill. You can put the sock in a tall jar or glass, then roll the top of the sock over the edge of the jar/glass and place a rubber band over the top to hold the sock in place.
- Use a scoop to fill the sock about a third of the way with rice. This forms the base/body. [Pro Tip: Do all scooping over the bin to catch spilled rice.]
- Once filled, put a rubber band tightly around the sock at that point.
- Continue to fill the sock with rice to create a smaller section for the forest friend’s head. Put another rubber band on to seal the top. Use scissors to either cut the remaining sock off, or cut down the middle to make into ears if you want.
- Draw a face on the forest friend.



Make a Water Fountain for Bees

Gather a dish or a plate and a bottle of water. Bees can’t swim, so they will need some rocks to land on while they are drinking water. Search for rocks together.

- Select a spot to set up your water fountain, ideally near plants the bees frequent and in the shade. See list of [List of pollinator plants/flowers](#)
- Place your dish on the ground or, for extra height, place it on top of an upside down plant pot.
- Add the rocks to the dish and then fill with just enough water that the tops of the stones are not submerged.
- Observe to see if any bees or other creatures visit your water fountain.
- Refresh the water in your fountain daily.

Make an Egghead

- Save those eggshells. Spoon soil into the eggshells. Spray the tops of the planters with a little water, then place a single layer of sprouted seeds on top. Cover the seeds with a little more soil, then moisten the soil again. Finally, grab a permanent marker to decorate the eggshells with an **animal's face** and watch it grow.



Take a Listening Walk

- This is a great activity for helping kids to slow down and really be present with themselves and each other. It's also a wonderful opportunity to practice focusing, both in general and on a particular sense, further developing sensory awareness. Take a walk (in the city, on a trail, in your neighborhood), draw pictures of five different things you hear on one sheet of paper.

Natural STEM Activities. Use as many natural items as possible such as sticks, leaves, rocks, bark, twine and anything else you have around the area.

- Design an animal's habitat, in any size and use only materials found in nature.
- Design a stick raft that floats. Can you add a sail?
- Build a natural sculpture in any size.

Plant Identification . Use a plant ID database like this to help you identify flowers. [Dave's Garden](#) There are many others available online.

- Find five different kinds of flowers.
- Find three different kinds of plants.
- Find three different kinds of trees.

Backyard Painting

- Using watercolors or any kind of paint and scrap paper, pick out a scene in nature or your backyard and paint it.

Pick a Pet Book

- Visit Westwood Pets Store in Westwood and select your free pet book (see clerk when you visit.) Then send a short note to denise.lester@westwood.bccls.org explaining what prompted you to pick the book you did and one or two facts you learned from reading the book.