

Social-Emotional Learning



SUMMER READING BOOK SUGGESTIONS (S.E.L) (GR K-2)

- Calm With the Very Hungry Caterpillar by Carle, Eric (JJ CARLE)
- It's Great to Keep Calm by Collins, Jordan (JJ COLLINS)
- The Magical Yet by DiTerlizzi, Angela (JJ DITERLIZZI)
- Don't Hug Doug by Finison, Carrie (JJ FINISON)
- The Boy With the Big Feelings by Lee, Britney Winn (JJ LEE)
- Right Now I Am Fine by Owen, Daniela (JJ OWEN)
- Now by Portis, Antoinette (JJ PORTIS)
- Calm Monsters, Kind Monsters: A Sesame Street Guide to Mindfulness by Kenney, Karen Latchana (JJ SESAME)
- I Am Peace: A Book of Mindfulness by Verde, Susan (JJ VERDE)
- Breath Like a Bear: 30 Mindful Moments for Kids to Feel Calm and Focused Anytime, Anywhere by Willey, Kira (J 158.1 WIL)
- Peaceful Like a Panda: 30 Mindful Moments for Playtime, Mealtime, Bedtime-or Anytime! by Willey, Kira (J 158.1 WIL)
- Big Breath: A Guided Meditation for Kids by Meyer, William (J 158.12 MEY)
- Meditate With Me by Gates, Mariam (J 158.128 GAT)

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